



# Little Cheeky Monkeys



Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	pancakes	crumpets	cereal	muffins	toast
Snack	breadsticks	Platter of mixed fruit	Choice of fresh vegetables	Cheese and pineapple	Rice cakes
Lunch	Chicken supreme and rice Contains milk  Fruit juice, milk or water	Sausage casserole  Fruit juice, milk or water	Lasagna Contains milk, wheat  Fruit juice, milk or water	Vegetable broth and crusty bread  Fruit juice, milk or water	Chicken roast potatoes and seasonal veg  Fruit juice, milk or water
Dessert	Yogurts	Pineapple	Cake	mousse	yogurts
Snack	Platter of mixed fruit	Choice of fresh fruit	breadsticks	Choice of fresh fruit	Choice of fresh vegetable stick
Light tea	Selection of sandwiches	Sausage rolls	Wraps with various fillings	Selection of sandwiches	Scones
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit



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Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal	pancakes	Toast	Crumpets	muffins
Snack (am)	Rice cakes	Cheese and crackers	Cheese and pineapple	Choice of fresh fruit	Choice of fresh vegetables
Lunch	Pasta Carbonara <i>Contains milk, wheat</i>  Fruit juice, milk or water	Fisherman s pie peas and carrots  Fruit juice, milk or water	Chicken curry <i>Contains mustard</i>  Fruit juice, milk or water	Corned beef hash  Fruit juice, milk or water	Pizza spaghetti and smiley faces <i>Contains wheat, milk</i>  Fruit juice, milk or water
Dessert	pears	yogurt	Ice cream	yogurt	Flapjack
Snack (pm)	Choice of fresh fruit	Choice of fresh vegetable sticks	breadsticks	Rice cakes	Choice of mixed fruit
Light tea	Sausage rolls	Pitas with various fillings	Selection of sandwiches	Wraps with various fillings	Selection of sandwiches
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit



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Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast	Muffins	Pancakes	Cereal	crumpets
Snack (am)	Rice cakes	Choice of fresh vegetables	Choice of fresh fruit	breadsticks	Choice of fresh fruit
Lunch	Spaghetti bolognaise Contains wheat  Fruit juice, milk or water	Fish fingers mash and beans Contains wheat  Fruit juice, milk or water	Sheppard's pie and seasonal veg  Fruit juice, milk or water	Chicken in black bean sauce with rice  Fruit juice, milk or water	Cheese and onion pie with spaghetti Contains wheat, milk  Fruit juice, milk or water
Dessert	Fruit cocktail	Choc ice	Yogurt	peaches	yogurts
Snack (pm)	Choice of fresh fruit	Cheese and pineapple	Rice cakes	Choice of fresh vegetable sticks	breadsticks
Light tea	Selection of sandwiches	Selection of wraps	Selection of Sandwiches	Scones	Selection of sandwiches